

# Materials and Equipment

**Paints:** I will be using **Winsor & Newton Designer's gouache**.

They do a very good and inexpensive Introductory Set comprising these 10 colours:

- Primary Yellow
- Permanent Yellow Deep
- Primary Red
- Spectrum Red
- Ultramarine
- Primary Blue
- Permanent Green Middle
- Yellow Ochre
- Ivory Black
- Zinc White



**Click on these links to go straight to the page to buy this set!**

Buy in the UK from:

[Ken Bromley Art Supplies](#)

[Great Art](#)

Buy in the USA from:

[Dick Blick](#)

[Jerry's Artarama](#)

*(I have no affiliation to any of these companies or their products - I'm just trying to help you get the best quality for the least cash!)*

**However, you can use whatever gouache paints you like** but please make sure they are good quality! A red, a blue, a yellow and white are the very basic colours you will need. (Although I highly recommend the set above!).

**Brushes:** Watercolour brushes are fine. I will be using a 1/2" and a 1/4" flat, and also a size 8 round with a fine tip. Anything similar to these brushes will do.

**Paper:** A good watercolour paper is best. We will be painting small pictures, so you can use loose sheets or a watercolour sketchbook. For many of the paintings I will be using a ringbound A5 [Arteza watercolour sketchbook](#) which has 300gsm /140lb paper and measures 5.5 x 8.5" (It has 64 pages and comes in packs of three books which is great value).



However any good watercolour paper will do - in loose sheets, blocks or in a book. So if you already have something at home, then go ahead and use it!

**Click on these links to go straight to the page!**

Buy in the UK from here:  
[Arteza Watercolour Sketchbook](#)

Buy in the USA from here:

[Arteza Watercolour Sketchbook](#)

**Other materials:** You will need

- A palette in which to store and mix your paint. This can be anything from a white plate to an empty watercolor palette. See my palette below.
- a 2B or 3B pencil, possibly an eraser as well!
- Masking tape is great for creating nice crisp edges to your paintings.
- A water pot
- A small spray bottle (available from chemist's or pharmacies as well as some art stores)
- Kitchen roll



# My palette

## Winsor & Newton

1. Primary yellow
2. Permanent yellow deep
3. Yellow ochre
4. Permanent green middle
5. Primary blue
6. Ultramarine
7. Burnt sienna
8. Spectrum red
9. Ivory black
10. Zinc white



## Alternative colors from other brands:

1. Lemon yellow
2. Cadmium yellow
3. Yellow ochre
4. Viridian
5. Cerulean blue
6. Ultramarine
7. Burnt sienna
8. Cadmium red
9. Ivory black
10. Zinc white or Titanium white

I use an old watercolor sketching palette, having removed the pans and cleaned them before sticking them back in with superglue, and filling them with gouache paint from the W&N tube set. In my palette I also have some folded kitchen roll between some of the pans which I keep wet as this helps prevent the colors drying out.

I have substituted Burnt Sienna for the W&N Primary Red as this red dries out quickly and becomes impossible to reconstitute with water. If I need this red I use it straight from the tube and do not keep it in my palette.

I use Burnt Sienna quite often, so added this to the W&N boxed set range.